

2005 Section 7A Track and Field Championships - 6/3/2005

Teams: Hermantown 124, Eveleth-Gilbert 72.5, Esko 71, International Falls 61, Proctor 44, Greenway 39, Two Harbors 36, Carlton/Wrenshall/St. P. 32, Duluth Marshall 29, Ely 23, Deer River/Northland 23, Nashwauk-Keewatin 22, Virginia/Mt. Iron-Buhl 20, Floodwood 20, McGregor 18, Moose Lake/Willow River 17.5, Lakeview Christain Academy 14, Cotton 8, Barnum 6, Cromwell 6, Silver Bay/Cook County 5, Bigfork 5, AlBrook 3, Chisolm 3.

100 Meter Dash

- Holt, Nikki 12 Hermantown 11.06
- Christensen, Antho 11 Two Harbors 11.20
- McDonnell, Jake 11 MarshallDulu 11.25
- VonWald, Mark 12 EvelethGilbe 11.45
- Hedlund, Jordan 11 Internl Fall 11.55
- Seidling, Jeremy MooseLakeWillRiv 11.55
- Krunkkala, Mike Ely 11.72
- Crandall, Deke Proctor 11.84

200 Meter Dash

- Schmidt, Kyle 12 Hermantown 22.42
- Christensen, Antho 11 Two Harbors 22.86
- Holt, Nikki 12 Hermantown 22.90
- Hedlund, Jordan 11 Internl Fall 23.28
- Hanson, Brian Proctor 23.74
- Krunkkala, Mike Ely 23.76
- Hicks, Steve 12 Esko 23.78
- VonWald, Mark 12 EvelethGilbe 24.20

400 Meter Dash

- Schmidt, Kyle 12 Hermantown 50.12
- Schmidt, Ryan 10 Hermantown 52.09
- Hanson, Brian Proctor 52.61
- Greiner, Peter 12 EvelethGilbe 52.87
- Shofner, Dan 12 McGregor 53.05
- Martire, Tim 12 NashwauKeewa 53.88
- Youso, Robert 12 Internl Fall 54.15
- Marquis, Chris 10 Esko 54.61

800 Meter Run

- Wagner, Collin 12 EvelethGilbe 2:00.02
- Nierengarten, Dan 12 LakeviewChristai 2:01.79
- Huju, Charles 9 DeerRiverNorthla 2:03.00
- Mickelson, Alex Proctor 2:06.63
- Shultz, Adam Ely 2:06.75
- Stepp, Jake Hermantown 2:07.02
- Richards, Jacob 12 EvelethGilbe 2:08.53
- Johnson, Blake Hermantown 2:09.20

1600 Meter Run

- Conley, Dan 11 CarlitWrenStPaul 4:36.19
- Hlava, JT 12 CarlitWrenStPaul 4:38.70
- Johnson, Blake Hermantown 4:40.19
- Scharnberg, Ben 10 Floodwood 4:40.63
- Anderson, Justin Proctor 4:43.03
- Smith, Andrew Hermantown 4:47.73
- Schild, Dan 11 Two Harbors 4:48.09
- Debock, Ryan 11 DeerRiverNorthla 4:50.98

3200 Meter Run

- Conley, Dan 11 CarlitWrenStPaul 10:10.70
- Richards, Michael 12 EvelethGilbe 10:15.29
- LaBlanc, Josh 11 Internl Fall 10:15.56
- Lehto, Reed 11 SilverBayCooCty 10:22.87
- Schild, Dan 11 Two Harbors 10:29.40
- Scharnberg, Ben 10 Floodwood 10:32.11
- Bandemer, Matt 11 DeerRiverNorthl 10:36.15
- Anderson, Justin Proctor 10:36.72

110 Meter Hurdles

- Chiarello, Dave 11 Hermantown 15.49
- Bromme, Derek 12 MarshallDulu 16.10
- Warmuth, Jimmy 11 NashwauKeewa 16.54
- Skalko, Scott VirginiaMtIronBu 16.62
- Hummel, Bryce 12 Internl Fall 16.97
- Flaschberger, Drew VirginiaMtIronBu 16.99
- Torgelson, Brian 12 Esko 17.02
- Stauber, Nick Proctor 17.48

300 Meter Hurdles

- Preble, Zac 12 Greenway 40.90
- Chiarello, Dave 11 Hermantown 40.92
- Swan, Jake 12 Greenway 42.47
- Flaschberger, Drew VirginiaMtIronBu 43.11
- Torgelson, Brian 12 Esko 43.82
- Johnson, Evan 10 EvelethGilbe 44.40
- Hummel, Bryce 12 Internl Fall 44.50
- Carlson, Derick Hermantown 44.58

4x100 Meter Relay

- Esko 45.08
- Hermantown 45.47
- Eveleth-Gilbert 45.48
- Marshall School, Duluth 45.97
- Two Harbors 46.14
- International Falls 46.48
- Moose Lake/Willow River 46.52
- Nashwauk-Keewatin 46.88

4x200 Meter Relay

- Esko 1:34.23
- Hermantown 1:34.51
- Nashwauk-Keewatin 1:36.29
- International Falls 1:36.56
- Moose Lake/Willow River 1:37.02
- Deer River/Northland 1:39.19
- Ely 1:39.46
- Virginia/Mt. Iron-Buhl 1:40.33

4x400 Meter Relay

- Hermantown 3:30.35
- International Falls 3:33.58
- Esko 3:35.47
- Eveleth-Gilbert 3:36.38
- Proctor 3:40.58
- Greenway 3:41.58
- McGregor 3:46.10
- Virginia/Mt. Iron-Buhl 3:46.57

4x800 Meter Relay

- Eveleth-Gilbert 8:18.81
- Proctor 8:28.20
- Lakeview Christain Academy 8:30.27
- Esko 8:34.21
- Deer River/Northland 8:49.96
- International Falls 8:51.43
- Virginia/Mt. Iron-Buhl 9:16.52
- Cromwell 9:21.16

High Jump

- Shermer, Jonah 12 Hermantown 6-04
- Sweeney, Justin 12 Esko 6-00
- Wagner, Collin 12 EvelethGilbe 5-10
- Johnson, Eric 9 Bigfork 5-08
- Huard, Chris 11 CarlitWrenStPaul J5-08
- Kukowski, Josh 12 Chisolm J5-08
- Tekautz, Brian 10 EvelethGilbe J5-08
- Gelo, Raphael 9 Internl Fall J5-08

Pole Vault

- Tollefson, Dan 11 Esko 12-06
- Miller, Joe 11 Proctor J12-06
- Gelo, Rhegy 11 Internl Fall 12-00
- McCabe, Brandon Esko 11-00
- Gelo, Raphael 9 Internl Fall 10-06
- Youso, Robert 12 Internl Fall 10-00
- Beckwith, Cyrus Proctor J10-00
- Snell, Jesse DeerRiverNorthla 9-06

Long Jump

- VonWald, Mark 12 EvelethGilbe 20-03.25
- Shermer, Jonah 12 Hermantown 20-00
- McDonnell, Jake 11 MarshallDulu 19-07.25
- Booth, Wendell 9 DeerRiverNorthla 19-06.25
- Sands, Al 12 Floodwood 19-05.75
- Lewis, Brian 12 Esko 19-01.25
- Milkovich, Steve 11 Ely 19-00
- Ferkingstad, J 12 Cotton 18-05.5

Triple Jump

- Milkovich, Steve 11 Ely 43-01
- Sands, Al 12 Floodwood 41-05
- Warmuth, Jimmy 11 NashwauKeewa 40-10
- Ferkingstad, J 12 Cotton 40-06
- Shermer, Jonah 12 Hermantown 40-04.5
- Ostendorf, Ryan VirginiaMtIronBu 39-03
- Schofield, Kenny 8 Cotton 38-03
- Booth, Wendell 9 DeerRiverNorthla 38-02

Shot Put

- Preble, Zac 12 Greenway 51-06
- Bailey, Darren 12 Two Harbors 48-06
- Grimm, Kyle Barnum 46-08.5
- Maki, Scott 12 Cromwell 45-09.5
- VanGuilder, Eric 12 McGregor 44-02.5
- Fonoti, Tasi AlBrook 43-05.5
- Perrault, Daryl 12 Internl Fall 43-05
- Hayes, Brock 12 McGregor 43-03.5

Discus Throw

- Preble, Zac 12 Greenway 160-11
- Zuk, Aaron 11 MooseLakeWillRiv 149-05
- Hayes, Brock 12 McGregor 147-11
- Rahkola, Tim Esko 141-08
- Johnson, Eben MarshallDulu 133-00
- DuCharme, Max 10 Internl Fall 132-06
- Bailey, Darren 12 Two Harbors 128-11
- VanGuilder, Eric 12 McGregor 122-08

Notes: